

# CYO Track & Field Meet of Champions (MOC) Saturday Events

**CYO Championship Event Charge: Adults \$5.00 • Students \$1.00**

## **Cub & Cadet Divisions with Roadrunner Finals**

Running Events Times are approximate.

Meet begins at 9:00 a.m. and events may run earlier than posted times.

Participants should be on deck at least 1 hour prior to their scheduled event.

<b>Start Time</b>	<b>Event</b>	<b>Division</b>
8:30 AM Saturday	Opening Ceremonies Prayer & Parade	All Teams

All Teams should be dressed in team uniform. Many schools carry a banner identifying their team.

## **Running Events Begin 9:00 a.m. Saturday**

Athletes must be in the heat and lane that is printed on their label, otherwise, their time will not count, and the results won't be accurate.

3000 Meter Final	Cub Girls, Boys	Cadet Girls, Boys
200 Meter Prelims	Cub Girls, Boys	Cadet Girls, Boys
800 Meter Final	Cub Girls, Boys	
800 Meter Final	Cadet Girls, Boys	
100 Meter Prelims	Cub Girls, Boys	Cadet Girls, Boys
800 Meter Finals	RR Girls, Boys	
400 Meter Prelims	Cub Girls, Boys	Cadet Girls, Boys
4 x 100 Meter Relay Prelims	Cub Girls, Boys	Cadet Girls, Boys

## **Field Events Begin 9:00 a.m. Saturday**

High Jump	Cub Boys	Cub Girls	
Shot Put	Cadet Boys	Cub Boys	
Long Jump	Cadet Girls	Cadet Boys	Cub Boys
Finnflir	Cub Boys	Cub Girls	Cadet Girls

**Awards Ceremony** - Individual awards will be presented immediately following the finals of all running events and field events as soon as final results have been presented to the Awards Tent.

# CYO Track & Field Meet of Champions (MOC) Sunday Events

**CYO Championship Event Charge: Adults \$5.00 • Students \$1.00**

## **Cub & Cadet Divisions with Roadrunner Finals**

**Running Events Times are approximate.**

**Meet begins at 1:00 p.m. and events may run earlier than posted times.**

**Participants should be on deck at least 1 hour prior to their scheduled event.**

<b>Start Time</b>	<b>Event</b>	<b>Division</b>
1:00 PM Sunday	Opening Ceremonies	All Teams

All Teams should be dressed in team uniform. Many schools carry a banner identifying their team.

### **Running Events Begin 1:00 p.m. Sunday**

4 x 60 Shuttle Relay Final	RR Girls, Boys		
4 x 100 Meter Relay Final	RR Girls, Boys	Cub Girls, Boys	Cadet Girls, Boys
1500 Meter Finals	Cub Girls	Cadet Girls	
100 Meter Finals	RR Girls, Boys	Cub Girls, Boys	Cadet Girls, Boys
1500 Meter Finals	RR Girls	RR Boys	
400 Meter Finals	RR Girls, Boys	Cub Girls, Boys	Cadet Girls, Boys
1500 Meter Finals	Cub Boys	Cadet Boys	
200 Meter Final	RR Girls, Boys	Cub Girls, Boys	Cadet Girls, Boys
4 x 400 M. Relay Final	Cub Girls, Boys	Cadet Girls, Boys	

### Field Events Begin 1:00 pm Sunday

Long Jump	Cub Girls	RR Girls	RR Boys	
High Jump	Cadet Boys	Cadet Girls		
Shot Put	Cadet Girls	RR Girls	RR Boys	Cub Girls
Javelin (Turbo/Finn)	RR Boys	RR Girls	Cadet Boys	

**Awards Ceremony** - Individual awards will be presented immediately following the finals of all running events and field events as soon as final results have been presented to the Awards Tent.